

Here's a short review of a few chapters from
"Twelve Pillars" by Jim Rohn and Chris Widener

Chapter 4: Achieve Your Goals

This chapter reinforces the power of having goals. Setting goals gives purpose and clarity. The chapter stresses writing them down and reviewing them frequently.

This chapter reminded me that setting clear goals gives my academic life real purpose. Whether it's earning a certain GPA, landing an internship, or developing a new skill outside of class, having specific targets helps me stay focused and driven. Writing down my goals and tracking them gives me a sense of control and progress, even during stressful semesters.

Chapter 5: The Proper Use of Time

This chapter reminds us that time is a limited and non-renewable resource. Unlike money, you can't earn more of it. People who succeed learn to master their time by prioritizing what truly matters, avoiding distractions, and living according to their values.

This chapter made me think about how much time slips away through distractions and procrastination. Learning to manage my schedule intentionally, like setting study hours, and prioritizing key tasks may make a difference in my productivity. Rather than constantly feeling rushed, I could start taking control of my time and align it with what really matters.

Chapter 6: Surround Yourself with the Best People

This chapter discusses the profound influence others have on your mindset, behavior, and success. Positive associations lift you up; negative ones hold you back.

University is a time when you meet all kinds of people, and this chapter helped me realize just how much those people influence my mindset and motivation. Surrounding myself with students who are ambitious, focused, and encouraging has pushed me to improve as well. Whether it's through group projects, study sessions, or simply having thoughtful conversations, being around positive influences keeps me accountable and inspired. I've also started to seek mentorship from lecturers and tutors who have walked the path I'm on.

Chapter 7: Be a Lifelong Learner

This chapter champions the importance of continuous self-education. Formal education gets you started, but lifelong learning keeps you growing.

This chapter reminded me that true learning goes beyond lectures and tutorials. It encouraged me to take ownership of my personal growth by reading outside of class, and exploring topics that genuinely interest me. I do hope that this mindset may make my education feel more involved and relevant. Instead of just working toward graduation, I'm learning how to stay curious, adaptable, and self-sustaining skills that will serve me long after I leave campus.